club mandalay | mandalay alive!

Edition 22

KIDS' SUPERHERO NIGHT

RESIDENTS WELCOME

WEDNESDAY 7TH JUNE, 2017

FROM 5PM TO 7.30PM

Join all the fun and excitement and meet your favourite Superhero at our Club Mandalay Kids Superhero Party!

Get the kids dressed up as their favourite super hero and come along for games, face painting and more! We'll even have Superman and Wonderwoman popping in at 5.30 for some entertainment.

STAY FOR DINNER

Why not grab a **SPECIAL $30 FAMILY PLATTER** including two pizzas, Spaghetti Bolognese and Chips

OR select your **FAVOURITE PIZZA** from our Regular Menu.

Special Kids **FREAKSHAKE just $5!**

BOOKINGS ESSENTIAL!

Call reception on 9037 3700 and ensure you don't miss out!

This a residents only event

Opening Hours

Pro Shop
Monday to Thursday
6.30am to 5.30pm
Friday to Sunday 6am to 6pm

Gym Mon to Fri
5.30am to 10pm
Weekends 6am to 8pm
Pool 6am to 8pm daily
Golf from 7am

Urban Grocer & Bar
Daily 6.30am to 7pm

Cafe
Mon to Fri 6.30am to 6pm
Weekends 6am to 6.30pm

Restaurant
Breakfast Sat & Sun 7am to 11am
Lunch Daily 11.30am to 2pm
Dinner Thurs, Fri & Sat 6pm to 9pm

PLEASE NOTE: Hours may vary subject to demand.

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HAPPY HOUR EVERY FRIDAY
FROM 5PM-6PM
15% OFF* DRINKS!
* SELECTED DRINKS. NOT AVAILABLE FOR USE WITH 10% RESIDENT DISCOUNT..

SUPERHERO COLOURING COMP

ENTRIES AVAILABLE IN RESTAURANT & CAFE TO BE HANDED TO A STAFF MEMBER ON COMPLETION

WINNER ANNOUNCED IN THE NEXT NEWSLETTER

It's time to try our **New Winter Menu**

Winter brings crackling log fires, cosy times indoors and delicious comfort food. This winter, tuck into Club Mandalay's sensational winter menu.

Treat yourself to the Moroccan Tagine or our famous pork belly. Why not be really adventurous and try the slow cooked braised rabbit and field mushroom ragout?

For those who have a sweet tooth it will be hard to choose between the Poached Pear mulled in a red wine syrup, or the Chocolate Lava pudding with candied chilli crisps or even the Pannacotta served with torched meringue. There are too many sweet treats to mention as Club Mandalay's dessert menu reaches new heights!

Visit clubmandalay.com.au to view our new winter menu.

CLUB MANDALAY NOW OPEN ON THURSDAY NIGHTS

A weekend breakfast where children eat **FREE**

Available Saturday and Sunday 7am to 11.00am

This weekend why not indulge in Club Mandalay's breakfast menu... and your child gets to eat for free*! Whether you splurge on the Mandalay Waffles, Eggs Benedict or even with the Mandalay Big Breakfast this delicious choice is yours to make. So, bring the family in this weekend for a delectable breakfast with the bonus of having your child eat for free*.

- Choice of 4 kids breakfasts!
- Ham n' Cheese Toasty
- Fried egg on toast
- Toast n' Spreads (Vegemite, raspberry jam or Nutella)
- Rasher of Bacon on Toast

*Purchase 1 main breakfast to the value of $10 or more to receive 1 kid's breakfast. Kid's breakfast is for children under 12. Offer available 7am to 11am weekends only. Club Mandalay may cancel without notice.

Munchkin Club

Don't forget Munchkin Club at Club Mandalay (Mondays 11am-12pm).

This is where our youngest residents can play, make new friends and watch their favourite shows on our big screen.

And gives you an hour to sit back and relax with a cup of coffee and one of our delicious muffins from the café.

Cake Bake **Competition Winner**

Congratulations to Jackie Biggs who baked this delightful looking Sweet Potato and Walnut cake.

For your chance to win a $20 Club Mandalay voucher just send through a photo of your baking creation to alive@clubmandalay.com.au and the winner will be announced in Mandalay Alive 23.

Resident **Ladies Golfers**

Barb Gee, Jan Mc Cormack, Jill Paull.

Introducing the 'A Team' beginner ladies who only picked up a club 12 months ago, now they are golf members, play 9 -18 holes every week, have an hour clinic and just recently got their golf link handicaps.

Great achievement and they have formed friendships through living in the estate and playing golf together.

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FRISBEES NOW AVAILABLE AT THE PRO SHOP!

Get into some Frisbee action at Club Mandalay. Challenge your friends, family and even your neighbours to some Frisbee games. Simply, leave your ID at the Pro Shop and play to your hearts content.

Like Club Mandalay's Facebook page to receive exclusive offers from the restaurant, golf, gym and more!

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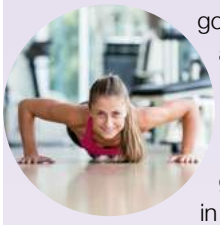
THE 12 WEEK CHALLENGE **IS ON!**

Our first 12-week challenge has begun with more than 20 residents taking part. Each week challengers receive emails about food preparation, shopping lists, workouts, recipes and motivation to help them achieve their goals and get the best out of the program. Emma, Philip and Louise are always on hand to help if the challengers have any questions or concerns.

WARM UP WITH THE CIRCUIT CLASS

Every Thursday 9.30am



Due to the colder months we have had to say goodbye to the Aqua class until October and say hello to the circuit class. Every Thursday at 9.30am Emma will give the participants different workouts to help gain strength, improve cardio, gain muscle and most of all have fun in a safe environment.

STRICTLY **BALLROOM**

Due to interest from residents we now host ballroom dancing classes on Friday evenings from 7pm-8.30pm in the Thomson Room. Residents can now learn the Foxtrot, America Tango, Swing (Mambo), Cha Cha and Samba with dance instructor Theo Smit. Theo has been teaching for several years, Enjoy a fun, social atmosphere and learn something new.

AND COMING SOON...
GET FIT FOR SUMMER AT BOOTCAMP

Wednesday 7pm and Saturday 8am

Just before the summer months we will be doing our 6-week boot camp classes. Emma takes Wednesday nights while Phillip takes Saturday mornings. These classes are designed to push our participants to the limits while making it a fun and exciting experience so JOIN IN NOW!

SWIMMING LESSONS WITH EMMA

Swimming lessons will be back for Term 4 (From Oct to Dec – Tuesday afternoons and Saturday mornings).

Swimming Classes are an activity the children of Club Mandalay estate really look forward to as they make new friends while learning a major life skill.

What's more our swim coach Emma has just been nominated for Swim Teacher of the year for a second time with Aquatic Recreation Victoria.

CALENDAR OF EVENTS

JUNE		
Thur 1	The Circuit	9.30am
	Spin	7pm
Fri 2	Abs, Butts & Thighs	9:30am
	Ballroom Dancing	7pm
Sat 3	Pop Up Class	8am
Mon 5	Boxing Circuit	9:30am
	Yoga	7pm
Tues 6	Spin	6:15am
	Abs, Butts & Thighs	7pm
Wed 7	Boxing Circuit	6:15am
Thu 8	The Circuit	9:30am
	Spin	7pm
Fri 9	Abs, Butts & Thighs	9:30am
	Ballroom Dancing	7pm
Mon 12	Queen's Birthday – no classes	
Tues 13	Spin	6:15am
	Abs, Butts & Thighs	7pm
Wed 14	Boxing Circuit	6:15am
Thur 15	The Circuit	9:30am
	Spin	7pm
Fri 16	Abs, Butts & Thighs	9:30am
	Ballroom Dancing	
Mon 19	Boxing Circuit	9:30am
	Yoga	7pm
Tues 20	Spin	6:15am
	Abs, Butts & Thighs	7pm
Wed 21	Boxing Circuit	6:15am
Thur 22	The Circuit	9:30am
	Spin	7pm
Fri 23	Abs, Butts & Thighs	9:30am
	Ballroom Dancing	7pm
Mon 26	Boxing Circuit	9:30am
	Yoga	7pm
Tues 27	Spin	6:15am
	Abs, Butts & Thighs	7pm
Wed 28	Boxing Circuit	6:15am
	Yoga	7pm
Thurs 29	The Circuit	9.30am
	Spin	7pm
Fri 30	Abs, Butts & Thighs	9:30am
	Ballroom Dancing	7pm

JULY		
Sat 1	Pop Up Class	8.00am
Mon 3	Boxing Circuit	9.30am
Tues 4	Spin	6.15am
	Abs, Butts & Thighs	7.00pm
Wed 5	Boxing Circuit	6.15am
Thurs 6	The Circuit	9.30am
	Spin	7.00pm
Friday 7	Abs, Butts & Thighs	9.30am
Mon 10	Boxing Circuit	9.30am
Tues 11	Spin	6.15am
	Abs, Butts & Thighs	7.00pm
Wed 12	Boxing Circuit	6.15am
Thurs 13	The Circuit	9.30am
	Spin	7.00pm
Fri 14	Abs, Butts & Thighs	9.30am
Mon 17	Boxing Circuit	9.30am
	Yoga	7.00pm
Tues 18	Spin	6.15am
	Abs, Butts & Thighs	7.00pm
Wed 19	Boxing Circuit	6.15am
Thurs 20	The Circuit	9.30am
	Spin	7.00pm
Fri 21	Abs, Butts & Thighs	9.30am
Mon 24	Boxing Circuit	9.30am
	Yoga	7.00pm
Tues 25	Spin	6.15am
	Abs, Butts & Thighs	7.00pm
Wed 26	Boxing Circuit	6.15am
Thurs 27	The Circuit	9.30am
	Spin	7.00pm
Fri 28	Abs, Butts & Thighs	9.30am
Mon 31	Boxing Circuit	9.30am
	Yoga	7.00pm

- Ballroom dancing ends on Friday 30th June (end of Term 2) and will not be continuing throughout Term 3
- There is no Yoga for the first two Mondays in July (during Term 2 holidays)

Please note events subject to change without notice. We apologise for any changes that must be made.

TENNIS TIP **Remember to book your Club Mandalay Tennis court next time you want to play!**

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Members Guest day **a huge success**

On Saturday 13th of May Club Mandalay hosted its inaugural member guest day with over 50 members and guests taking part in the 4BBB format.

Players were treated to a fantastic lunch in the restaurant after the game and Club Mandalay would like to thank all those who took part in the day.

2017 **VGL Pennant update**

The 2017 VGL Pennant season is underway with both our handicap and scratch sides in contention for the finals.

Both sides have competed very well over the season despite tough conditions on the course and scheduling of players.

The club would like to thank its pennant managers David Trimboli, Jarrod Malesevich, Andrew Harris and Bill Matthews for their continued efforts.

Join James Pratt on Club Mandalay's second **Mission Hills Golf Trip**

Join James Pratt on a playing tour of China's famed Mission Hills Golf Resort.

A truly outstanding golf experience playing 5 of Mission Hills premier courses between 29th October and 3rd November.

After LAST YEARS SUCCESS this is an event NOT to be MISSED!

- 5-star twin share accommodation
- Welcome Chinese Banquet Dinner
- Shared carts with individual caddies
- Full buffet breakfast every morning
- Deluxe mountain view rooms
- Transfers to and from Hong Kong Airport
- Fully escorted by James Pratt and the CGE team

Participating Club Mandalay Golf Members will receive a complimentary Putting and Short Game Clinic from James prior to departure.

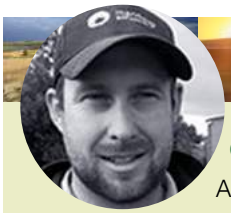
For information contact
James Pratt on 9037 3700
or email jpratt@clubmandalay.com.au

When: 29th October - 3rd November 2017.
Tour Options Available:
Club Mandalay GC Member $2,295*
Non-Playing Partner $1,095*

*A deposit must accompany this booking if you wish to reserve a spot on the Tour. The balance will be payable at the exchange rate current 90 days before departure OR you can pay 100% now and secure the rate of US$0.71 = A$1.00. Flights NOT included.

Congratulations Steve!

Congratulations to new member Stephen Webb who was the winner of the TaylorMade golf clubs, a TaylorMade fitting experience and 12 months' free golf coaching. Happy golfing Steve.



Brenten's Corner

Golf Course

As the cooler months approach, all the warm season grass surfaces have slowed and started to lose their colour. We have made an application of pigment dye to all fairways and tees tops to improve the appearance retaining a slight green colour.

The team has been busy working on bunker renovations, working through all the greenside bunkers and are currently about to commence the fairway bunkers. These works include moving sand around the base and faces and importing new sand as required. These bunkers will take some time to settle at first and may play softer than normal.

Course presentation has been geared around presenting the course for the weekly pennant competition, with an increase of greens and bunker raking occurring on Sunday's throughout.

With some decent falls of rain through April our water storages are full before winter hits which puts us in good stead for next summer

Off Course areas

We've been very busy and had to hire extra labour to complete planting of over 30,000 tube stock plants around the estate and course interfaces and also along the walking trails.

The last link in the walking trail loop will be installed by the end of May creating a 6km loop.

These trails will have signs installed in the coming weeks to direct walkers around the perimeter of the course.

For all information, bookings and reservations please contact the Club Mandalay team at the Club on 9037 3700 or email info@clubmandalay.com.au

430-450 Mandalay Circuit
Beveridge
VIC 3753

Visit clubmandalay.com.au