

The Caramel Magnum Freak Shake \$9.90



Every element of the Caramel Magnum Freak Shake is a myriad of sweetness with each ingredient complimenting every different flavour.

A combination of chocolate milk shake, salted caramel, whipped cream, chocolate wafer sticks, spun toffee, mini ego magnum, chocolate soil and vanilla fairy floss.

So, come into Club Mandalay and get your Caramel Magnum Freak Shake on!

Kids Easter Menu!

Spaghetti Bolognaise \$6.50

Chicken Nuggets – served with fat cut chips and sauce. \$6.50

Cheeseburger – served with fat cut chips and sauce. \$6.50

Kids Fish N Chips – served with tomato sauce and lemon \$6.50

Mini Deep Fry Basket of Chips \$2.50

Kids Salad \$1.50

Easter Lunch at Club Mandalay

EASTER SUNDAY, 16TH APRIL

Club Mandalay is the perfect setting to gather family and friends for Easter.

Our menu is delectable but the chocolate eggs are a highlight!

This culinary experience is a combination of fresh locally sourced produce in bountiful combinations from our skillful chefs creating memorable

Easter dishes in a relaxed atmosphere. All the more reasons why Club Mandalay's culinary reputation continues to grow.

EASTER LUNCH MENU

main course

Free range pork belly with Murray River pink sea salt, apple, fennel and seeded mustard relish, served with roasted Desiree potatoes, honey roasted pumpkin sautéed green beans finished with a rich Heathcote Kennedy shiraz jus.

Suggested wine Heathcote Kennedy Shiraz \$8.50

ALTERNATIVELY

West Australian Red Snapper pan-fried and served with fondant potato, crisp snow peas, lemon and lime beurre blanc.

Suggested wine Mt Langi 'Cliff Edge' Pinot Gris \$8.50

ALTERNATIVELY

Roasted Autumn vegetable stack, seasonal vegetables oven roasted served on grilled Turkish bread, finished with aged balsamic, olive oil & Flowerdale micro herbs.

Suggested wine 'Mr Mundy' Merlot \$8.00

to finish

The "Golden Egg"

Milk chocolate egg, spiced vanilla cheesecake, soft mango and Cointreau centre, served in a chocolate nest, milk and honey soil, edible flowers & Persian fairy floss

Barista coffee and Herbal tea selection.

◀ ◀ ◀ **Kid's menu available**

Bookings are essential for this extravagant Easter lunch.

Please call 9037 3700 to secure your table today.

Time: 12pm

Cost: Member \$49.50 (no further discount applies)

Non-member \$55

Kids prices as per adjacent menu!

Opening Hours

Pro Shop

Monday to Thursday

6.30am to 5.30pm

Friday to Sunday 6am to 6pm

Gym Mon to Fri

5.30am to 10pm

Weekends 6am to 8pm

Pool 6am to 8pm daily

Golf from 7am

Urban Grocer & Bar

Daily 6.30am to 7pm

Cafe

Mon to Fri 6.30am to 6pm

Weekends 6am to 6.30pm

Restaurant

Breakfast Sat & Sun 7am to 11am

Lunch Daily 11.30am to 2pm

Dinner Fri & Sat 6pm to 9pm

PLEASE NOTE: Hours may vary subject to demand.



**HAPPY HOUR EVERY FRIDAY
FROM 5PM-6PM
15% OFF* DRINKS!**
NOT AVAILABLE FOR USE WITH 10% RESIDENT DISCOUNT.

Free resident meditation returns

Join us for a FREE 40-minute meditation session at Club Mandalay. Boost your immune system, lower your blood pressure and take some time to slow down.

Where: Thomson Room*
Cost: FREE for Residents only
\$2 medium coffee for attendees
Time: 11am start, Spaces limited!
Dates: Thursdays - 30th March,
13th, 27th April, 11th, 25th May



*If a function has been pre-booked in the Thomson Room, meditation will be held outside (weather permitting).

FREE KIDS AFTER SCHOOL INTRODUCTION TO HOCKEY



This program gives young boys and girls the opportunity to learn the basics of hockey, develop fundamental motor skills and make friends

all while beginning their lifelong love of hockey.

A structured program delivered by Greensborough Hockey Club and The Northern District Hockey League with each week focusing on different basic skills finished off with a hockey game. Let's get ACTIVE!

When: Tuesday, 21st March

Tuesday, 28th March

Time: 4pm – 5pm

Where: Club Mandalay's Tennis Courts

Ages: Primary School aged – boys and girls.

What to bring: All hockey equipment supplied but we recommend that all kids bring their own mouth guards and long footy-type socks.

For more information, please call 9037 3700.

THE CLUB MANDALAY MOTHER'S DAY PHOTO!

Club Mandalay is celebrating Mother's Day with a group photo of all the Mandalay mothers.

All Mandalay mothers are welcome to join in this commemorative photo that will become an ongoing tradition for the Estate.

We encourage all mothers to bring their smiles and their little ones along to this photo opportunity as we celebrate bringing the Mandalay community closer together as well as the stars of the day – the Mandalay mothers.

When: Mother's Day – Sunday, 14th May

Time: 4pm

Where: Outside Pro Shop



TRIVIA GETS INTO THE GROOVE

Thursday, 23rd March. NOT TO BE MISSED - BOOK NOW!

It's the 70's all over again! Come along for a psychedelic night of groovy trivia, fabulous fashion and way-out frivolity. Dust off your flares, slip into those platform shoes and make that afro happen! Get your night fever on as we're all here to have a groovy time man.

Time: 6:30pm sharp

Please call 9037 3700 to book your groovy table today.

Golf coin donation to Kalkallo CFA. Please note no outside food is permitted. Dinner to be ordered from 6pm - 6:30pm and served at 8pm. Tables limited to 10 people as winning table prize caters up to 10 people.



THE CLUB MANDALAY FOOD DRIVE.

Club Mandalay is making a difference with the June Food Drive. If you would like to make a difference to the community, please bring in a few food items to help those in need.

- Packet soups • Bread • Flour • Rice • Cereals • Biscuits
- Chocolate, lollies • Tea, coffee, sugar • Cordial, soft drink
- Long-life milk and juice • Pasta and pasta sauce • Vegemite
- Jam, peanut butter • Canned foods such as vegetables, fruit, baby food, ham etc.

Please check the best before dates!

Food must be fit for consumption.

Where: Please leave items at reception.

When: All June 2017

All items donated to Freedom Care in Wallan.



FREE FAMILY FUN WITH VOLLEYBALL, BOCCE & SOCCER.



Bring your family, friends and neighbours into Club Mandalay for some sporty fun with volleyball, bocce or soccer. Play for fun or play competitively, you decide!

Just leave your photo ID with the Pro Shop in exchange for your volleyball, soccer ball or bocce set.

Please note volleyball nets will not be set up if: it's raining, grass conditions are poor or there is another Club Mandalay event being held.

When: Friday to Sunday during daylight saving.

Time: Pro – Shop hours.

Free to all Mandalay Residents.

Please bring photo ID in exchange for bocce set or soccer ball.





Like Club Mandalay's Facebook page to receive exclusive offers from the restaurant, golf, gym and more!

mandalay alive!

DEVELOPMENT UPDATE

The Mitchell Shire Planning Scheme is a series of documents that Council has developed as a way of guiding development within their Shire boundary and seeks to provide residents of the Shire with all their needs as they grow.

Occasionally, Council need to update their Plan to reflect changing attitudes from various Government Departments and the Shire are currently undergoing such a change with respect to the Mandalay Estate.

Why is the Amendment Required?

The planning framework for Mandalay Estate was approved in 1998 and has not been substantially reviewed or updated since.

The planning framework originally required a school to be located on Camerons Lane.

State Government is proposing to upgrade Camerons Lane to a major arterial road in the

future and therefore the proposed site is no longer an appropriate location for a school.

The proposed amendment will allow for the school to be located on Patterson Street in accordance with current marketing materials for Mandalay Estate and advice received from the Department of Education and Training.

What does this mean for the future primary school?

Patterson Street has been identified by the Department of Education and Training as its preferred location for a primary school to service Beveridge.

The proposed amendment will formalise the Patterson Street primary school location within the Mitchell Planning Scheme, without which, the government would be unable to fastrack delivery of the much needed school for the area.

CALENDAR OF EVENTS

MARCH

DATE	EVENT	TIME
Fri 17	Abs, Butts & Thighs Free Fit Walks	9:30am 9:30am
Mon 20	Boxing Circuit The Munchkin Club Face Painting Day Yoga	9:30am 11am 7pm
Tues 21	Spin Abs, Butts & Thighs	6:15am 7pm
Wed 22	Boxing Circuit Aqua Aerobics Free Fit Walks	6:15am 9:30am 9:30am
Thur 23	Spin Aqua Aerobics Groovy Trivia Night	7pm 9:30am 6:30pm
Fri 24	Abs, Butts and Thighs Free Fit Walks	9:30am 9:30am
Mon 27	Boxing Circuit The Munchkin Club Yoga	6:15am 11am 7pm
Tues 28	Spin Abs, Butts & Thighs	6:15am 7pm
Wed 29	Boxing Circuit Aqua Aerobics Free Fit Walks	6:15am 9:30am 9:30am
Thur 30	Meditation (FREE) Spin	11am 7pm
Fri 31	Abs, Butts and Thighs Free Fit Walks	9:30am 9:30am

APRIL

DATE	EVENT	TIME
Sat 1	Last swimming lesson for Term 1	10am
Mon 3	Boxing Circuit The Munchkin Club Yoga	9:30am 11am 7pm
Tues 4	Spin Abs, Butts & Thighs	6:15am 7pm
Wed 5	Boxing Circuit Free Fit Walks	6:15am 9:30am
Thur 6	Aqua Spin	9:30am 7pm
Fri 7	Free Fit Walks Abs, Butts & Thighs	9:30am 9:30am
Mon 10	Boxing Circuit The Munchkin Club Easter Egg Hunt Starts Yoga	9:30am 11am 7pm

Tues 11	Spin Abs, Butts & Thighs	6:15am 7pm
Wed 12	Boxing Circuit Free Fit Walks	6:15am 9:30am
Thur 13	Meditation (FREE) Aqua Spin	11am 9:30am 7pm
Fri 14	GOOD FRIDAY – NO CLASSES	
Sun 16	Easter Lunch at Club Mandalay	12pm

MAY

Mon 1	Boxing circuit The Munchkin Club Yoga	9:30am 11am 7pm
Tues 2	Spin Abs, Butts & Thighs	6:15am 7pm
Wed 3	Boxing circuit Free Fit Walks	6:15am 9:30am
Thur 4	Spin Aqua Aerobics	7pm 9:30am
Fri 5	Free Fit Walks Abs, Butts & Thighs	9:30am 9:30am
Sat 6	Free Power Walks Spin	7am 8am
Mon 8	Boxing circuit The Munchkin Club Yoga	9:30am 11am 7pm
Tues 9	Spin Abs, Butts & Thighs	6:15am 7pm
Wed 10	Boxing circuit Free Fit Walks	6:15am 9:30am
Thur 11	Free Meditation Aqua Aerobics Spin	11am 9:30am 7pm
Fri 12	Free Fit Walks Abs, Butts & Thighs	9:30am 9:30am
Sun 14	Mother's Day lunch at Club Mandalay - TBC Mothers of Mandalay group photo.	12pm 4pm
Mon 15	Boxing circuit The Munchkin Club	9:30am 11am
Tues 16	Spin Abs, Butts & Thighs	6:15am 7pm
Wed 17	Boxing circuit Free Fit Walks	6:15am 9:30am



Club Mandalay's freshly baked muffins are decadent and beyond delicious!

Muffins range from Double Chocolate, Apple Crumble and the very popular Three Berry. Indulge a little with these heavenly delights. YES!

GOLF NEWS JOIN AND WIN!

Win a set of Taylormade Clubs and a year's free coaching.

Any current golf member who refers a friend who joins before the 30th April is in the draw to win!

When a referral joins you BOTH receive:

- \$150 credit to spend at Club Mandalay
- 2 x Member guest green fee vouchers

Contact Torie for more information on 9037 3700 (press option #3) or email member@clubmandalay.com.au

MEET PHIL GRACE



Introducing Phil Grace who has been with Club Mandalay as a Personal Trainer since it's opening in August 2015.

Phil has worked as a Personal Trainer and a Group Fitness Instructor

for over 20 years. Phil has also been a professional body builder and won numerous competitions at State level.

One of Phil's standout accomplishments has been his involvement with the hit TV series The Biggest Loser. His role on the show was to prepare the contestants for their physical and psychological challenges. A job he found both satisfying and demanding.

Phil's favourite holiday destination is Thailand where he enjoys the sunshine, the clear blue waters and the spicy food. He also attends the Bangkok Fitness Convention where over 2,500 people visit from around the world.

His favourite pastime is visiting the iconic Brunetti's on Lygon Street in Carlton where he likes to indulge in the Italian delicacies.

At home, Phil's guilty pleasure is a good movie accompanied by an almond covered Magnum.

Join James Pratt on Club Mandalay's second **Mission Hills Golf Trip**



Join James Pratt on a playing tour of China's famed Mission Hills Golf Resort.

A truly outstanding golf experience playing 5 of Mission Hills premier courses between 29th October and 3rd November.

After LAST YEARS SUCCESS this is an event NOT to be MISSED!

- 5-star twin share accommodation
- Welcome Chinese Banquet Dinner
- Shared carts with individual caddies
- Full buffet breakfast every morning

- Deluxe mountain view rooms
- Transfers to and from Hong Kong Airport
- Fully escorted by James Pratt and the CGE team

Participating Club Mandalay Golf Members will receive a complimentary Putting and Short Game Clinic from James prior to departure.

For information contact

James Pratt on 9037 3700

or email jpratt@clubmandalay.com.au

When: 29th October - 3rd November 2017.

Tour Options Available:

Club Mandalay GC Member \$2,295*

Non-Playing Partner \$1,095*

*A deposit according to the details beside must accompany this booking if you wish to reserve a spot on the Tour. The balance will be payable at the exchange rate current 90 days before departure OR 100% now and secure the above rate of US\$0.71 = A\$1.00.

MEET GOLF MEMBER **PAUL LAMBERT WILLIAMS**

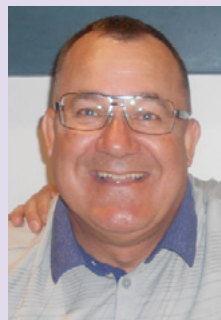
The always entertaining Paul Lambert Williams is one of Club Mandalay's most loved Golf Members. Paul has been a member of Club Mandalay since April 2016 and tries to play as many times as possible.

He finds the golf course to be of an exceptional standard and ranks it as one of the best in the world! His flexible working hours also allow him to over indulge in golf - his true passion.

The Club Mandalay pizzas are his favourite item on the menu but his favourite dish on a global scale is Schweinhaxe aka roasted pork knuckle.

Paul's childhood dream was to become a chef but he soon discovered after a short stint as an apprentice in his mother's restaurant that he preferred eating food to cooking it. No regrets as he still feels the same way today.

Paul is very much a sportsman. He played rugby for the County of Kent for 35 years and continues to keep fit with regular sessions of golf. On weekends, Paul likes to unwind by supporting his son Sam's football matches. He attends every match to cheer on the Northern Blues. **Go Sam!**



RESIDENT REMINDER

Property damage or removal... DON'T!

Residents will be liable to the Club for the value of all Club property, and any cost incurred by the Club in replacing or repairing property, which has been damaged or removed by the Resident or his/her Guests.

OC NEWS

BURN OFFS - QUICK FACTS!

- All burn offs should be registered with ESTA on 1800 668 511.
- Unregistered burn offs can cause brigades to be called out unnecessarily.
- Minimise smoke by creating a small fire and adding fuel to it, rather than burning one big pile.

For info regarding burn offs please visit the Mitchell Shire website or call 5734 6200.